



THE INTERNATIONAL CONFERENCE OF SECULAR A.A.

RIGHT HERE! RIGHT NOW!

VARIETIES OF SECULAR RECOVERY

OCTOBER 29TH - 30TH

MEETING ID: 879 9275 7142 PASSCODE: 121212



STARTING AT 9:30 AM EASTERN TIME



5th Biennial International Conference of Secular AA 2022



Right Here, Right Now: Varieties of Secular Recovery

October 29 & October 30, 2022

[Meeting ID: 879 9275 7142](#)

[Password: 121212](#)

EVENT SCHEDULE

Saturday, October 29, 2022 (EST Montreal/NYC)

Ongoing



ICSAA Café

Visit the Café to chit-chat and chill anytime during the conference. Hosted by Kansas City Group.



Game Room

Join us for some fun and games throughout the day!

9:30 AM to
10:20 AM



Steps 1, 2, and 3: Ready, Set, Go!

Open AA meeting moderated by Michelle.

10:30 AM to
11:50 AM



I'm not CrAZy! Navigating Mental Health in Recovery*

"We should never belittle a good doctor or psychiatrist. Their services are often indispensable."
Alcoholics Anonymous, p. 132

Join us as a panel of medical and mental health professionals discuss the complexity of addressing mental illness in the rooms. Our panelists include Dr. Kimberlin R Richards, MD, a psychiatrist with over 20 years of experience in the mental health industry, specializing in addiction psychiatry; Marya Hornbacher, award-winning journalist, New York Times bestselling author, and the recipient of the Fountain House Humanitarian Award for writing and advocacy around addiction and mental health; and Jeffery Munn, board-certified psychotherapist and author of *Staying Sober Without God*, a book that has quickly become secular AA's literature standard. Topics covered involve psychiatric medication, PTSD, pain management, eating disorders, available therapy options, followed by a question-and-answer session.

*Concurrent with "There is a Solution: Troubleshooting Zoom Meetings" and "How to Change: Steps 6 & 7."

**10:30 AM to
11:50 AM**



There is a Solution: Troubleshooting Zoom Meetings*

Get the most out of your Zoom meeting experience.

**Concurrent with "I'm not CrAzY! Navigating Mental Health in Recovery" and "How to Change: Steps 6 & 7."*

**11:00 AM to
12:00 PM**

ES

Cómo cambiar: Pasos 6 y 7*

[Identificación de la reunion: 899 7935 7404](#)

Panelistas: Ateos y Agnósticos en Español Titulo: ¿Cómo cambiar? 6° y 7° pasos Tema: La voluntad de crear mejores hábitos en sobriedad.

**Simultáneamente con "¡No estoy loco! Navegando por la salud mental en la recuperación" y "Hay una solución: solución de problemas de las reuniones de Zoom".*

EN

How to Change: Steps 6 & 7*

Spanish-to-English Translation Room

[Meeting ID: 899 7935 7404](#)

The will to create better habits in sobriety presented by Atheists and Agnostics in translated from Spanish to English.

**Concurrent with "I'm not CrAzY! Navigating Mental Health in Recovery" and "There's a Solution: Troubleshooting Zoom Meetings."*

**12:00 PM to
1:20 PM**



Beyond Belief Sobriety Podcast with John S. and Mary C.*

Live podcast for agnostics, atheists, freethinkers, and secularly minded people in recovery.

**Concurrent with "Paris Nooner" and "Keynote Address by Dr. George Koob" meetings.*

**12:00 PM to
1:20 PM**



AA Paris Nooner*

Three members of the AA Fellowship in Paris, France, share their journey of recovery followed by an open discussion.

**Concurrent with "Beyond Belief Sobriety Podcast" and "Keynote Address by Dr. George Koob" meetings.*

**12:00 PM to
1:20 PM**



Keynote Address by Dr. George Koob, Director of the National Institute of Alcohol Abuse and Alcoholism (NIAAA)*

[Meeting ID: 899 7935 7404](#)

George F. Koob, Ph.D., is an internationally recognized expert on alcohol and stress, and the neurobiology of alcohol and drug addiction. He is the Director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA), where he provides leadership in the national effort to reduce the public health burden associated with alcohol misuse. As NIAAA Director, Dr. Koob oversees a broad portfolio of alcohol research ranging from basic science to epidemiology, diagnostics, prevention, and treatment.

**Concurrent with "Beyond Belief Sobriety Podcast" and "Paris Nooner" meetings.*

ES

Discurso de apertura del Dr. George Koob, Director del Instituto Nacional de Abuso de Alcohol y Alcoholismo (NIAAA)

Sala de traducción de inglés a español

[Meeting ID: 899 7935 7404](#)

George F. Koob, Ph.D., es un experto reconocido internacionalmente en alcohol y estrés, y en la neurobiología de la adicción al alcohol y las drogas. Es el director del Instituto Nacional sobre el Abuso del Alcohol y el Alcoholismo (NIAAA), donde brinda liderazgo en el esfuerzo nacional para reducir la carga de salud pública asociada con el abuso del alcohol. Como director del NIAAA, el Dr. Koob supervisa una amplia cartera de investigaciones sobre el alcohol que van desde la ciencia básica hasta la epidemiología, el diagnóstico, la prevención y el tratamiento.

**1:30 PM to
2:50 PM**



Afternoon with the Atheists*

Always an unabashed, unapologetic lively session! Vic L. (NYC), John H., (Washington), and John C. (Paris) invite you to join this year's version of recovery from addiction from an atheist's experience, strength, and hope.

**Concurrent with "Emotional Sobriety with Allen B., Thom C., and Patrick N." meeting.*

**1:30 PM to
2:50 PM**



Emotional Sobriety with Allen B., Thom R., and Patrick N.*

Bill Wilson wrote about "emotional sobriety being the next frontier in Alcoholics Anonymous." Dr. Allen Berger wrote the book, *12 Essential Insights for Emotional Sobriety: Getting Your Recovery Unstuck*. Author/counselor Thom Ruttledge and producer Patrick Newman join Allen in this popular weekly podcast. For the first time at ICSAA 2022, the show will be recorded before a live Zoom audience. Be a part of it!

**Concurrent with "Afternoon with the Atheists" meeting.*

**3:00 PM to
4:20 PM**



A Couple in Recovery, Glenn Rader & Karen B.*

A married couple's journey in recovery through Al-Anon and AA presented by Glenn Rader, author of *Modern 12 Step Recovery*, and Karen B.

**Concurrent with "LGBTQIA+" and "ICSAA Behind the Scenes" meetings.*

**3:00 PM to
4:20 PM**



LGBTQIA+ Experience, Strength and Hope^{3*}

Three LGBTQIA+ speakers share their experience, strength, and hope including Todd S., medical worker and pig rescuer from Eastern Maryland, U.S.A.; Robyn C. a cat-herder and hydrogeologist from South Australia and Damien a fearless middle school educator from Dublin, Ireland. Moderated by Brianna Mc., Zoom coordinator of the Kansas City We Agnostic/Freethinkers' groups.

**Concurrent with "A Couple in Recovery, Glenn Rader & Karen B." and "ICSAA Behind the Scenes" meetings.*

**3:00 PM to
4:20 PM**



ICSAA Behind the Scenes: Q&A for ICSAA Board Members*

Wonder how all this works? Have something to say? Want to help and don't know how? In advance of the General Members Meeting, hear the history of the International Conference of Secular AA, hear about the structure and "AA ought never be organized" business meetings, ask about the duties of chair, secretary, treasurer, webmaster and other board positions. This is a good prep for the GMM, especially if you are a 'maybe' for putting your hat in the ring to do service.

**Concurrent with "A Couple in Recovery, Glenn Rader & Karen B." and "LGBTQIA+" meetings.*

**4:30 PM to
5:50 PM**



Dopamine and the 12 Steps with Biologist Bill W.*

Bill W. is a professor of biology and wrote *12 Secular Steps: An Addiction Recovery Guide*. AA's Big Book is a treasure of brilliance and contradictions. For instance, the assertion in 1939 that alcoholism is a disease was groundbreaking. But in the same breath the disease concept was coupled to the necessity of faith healing and an interventional God (use Higher Power if you don't like the G word). In this talk, we explore the continuity of a modern, evidence-based model of addiction with secular adaptations of 12-Step recovery work.

**Concurrent with "Bold and Beautiful People of Color: BIPOC Panel" meeting.*

**4:30 PM to
5:50 PM**



Bold and Beautiful People of Color: BIPOC Panel*

Presenters from the BIPOC Community (Black, Indigenous, People of Color) share their experience, strength and hope with recovery in and out of the rooms of AA. This meeting is open to all BIPOC members and Allies of the BIPOC Community.

**Concurrent with "Dopamine and the 12 Steps with Biologist Bill W." meeting.*

**6:00 PM to
7:20 PM**



Not an Outside Issue: NA, OA, CODA, AI-Anon*

While Alcoholics Anonymous is not affiliated with AI-Anon or other peer-to-peer support—including 12-step fellowships—there has always been cooperation. Many of us fall prey to more than one affliction, simultaneously or one addiction at a time. Members from other fellowships gather with us, including Jim D., Secular Overeaters Anonymous; Chia W. and Sheila K., Secular AI-Anon; Ken S., Secular Narcotics Anonymous; Jill B. and Elaine M., ACA: WeAgnostics; Jenne M. and Jim D., Secular Overeaters Anonymous; and Matt H., Atheist, Humanist, Agnostic Co-dependents.

**Concurrent with "Marty Mann" meeting.*

Saturday, October 29, 2022 (EST Montreal/NYC)

6:00 PM to
7:20 PM



Marty Mann*

MRS. MARTY MANN: The Lady, The Legend, The Lesbian, presented by Mily T. from San Francisco.
**Concurrent with "Not an Outside Issue: NA, OA, CODA, Al-Anon" meeting.*

7:30 PM to
8:50 PM



Authors' Round Table

Round table with prominent authors Glenn R., Jeff M., Beth A., Bill W., Marya H., and Vince H., who have influenced the Secular AA community in an impactful way. Each author will talk about their book for 10 minutes followed by a Q&A.

9:00 PM to
10:20 PM



We're Not all Egomaniacs: Adapting the Twelve Steps for Alcoholics with Low Self-Esteem*

Reading and sharing from sections of the book titled "We're Not All Egomaniacs: Adapting the Twelve Steps for Alcoholics with Low Self-Esteem" by Beth H. The meeting format will be similar to the Ryde Eastwood Friday 10:00 AM secular meeting out of Sydney, Australia. Participants will read their choice of text from the book, followed by a share describing the text's meaning to them personally.
**Concurrent with "Lopsided Triangle" meeting.*

9:00 PM to
10:20 PM



Lopsided Triangle: AA Service Past, Present and Future*

A service panel hosted by Cory H.
**Concurrent with "We're Not all Egomaniacs" meeting.*

10:30 PM to
11:50 PM



Atheists and Agnostics Down Under (Australia)

Join us for an old-fashioned Aussie Identification meeting put on by the Bulimba group and the AA Adelaide group. Share your journey of recovery with the group: what it was like and what it is like now. All are welcome and encouraged to participate.

Sunday, October 30, 2022 (EST Montreal/NYC)

Ongoing



ICSAA Café

Visit the Café to chit-chat and chill anytime during the conference.



Game Room

Join us for some fun and games throughout the day.

9:30 AM to
10:50 AM



Steps 1, 2 and 3: Ready, Set, Go!*

Open AA meeting moderated by Michelle.
**Concurrent with "INCREASE your Zoom Game!" meeting.*

9:30 AM to
10:50 AM



INCREASE your Zoom Game*

Bring your Zoom meeting to the next level. Learn theatrical and technical tricks to engage your meeting members!

**Concurrent with "Steps 1, 2 and 3: Ready, Set, Go!" meeting.*

11:00 AM to
12:20 PM



New Frontiers in Recovery: Integrating Plant-Based Recovery

New Frontiers in Recovery is a panel in which we will begin a conversation about the use of plant medicine for the treatment of trauma and substance use disorder. This panel is inspired by AA Co-founder Bill Wilson's pioneering spirit, his experiences with psychedelic therapy in the 1950s, and the present-day psychedelic renaissance.

11:00 AM to
12:20 PM

FR

Le mot «Dieu» Membres agnostiques et athées chez les AA

[ID de Réunion: 899 7935 7404](#)

Nous sommes heureux d'offrir trois heures de traduction simultanée français/anglais au Congrès international des AA laïques. Rejoignez Chantal et ses amis.

The "God" Word: Agnostics and Atheists in AA

French-to-English Translation

[Meeting ID: 899 7935 7404](#)

AA meeting in French/English with Chantal and friends.

12:30 PM to
1:50 PM



Unpacking "The Doctor's Opinion"*

[Meeting ID: 899 7935 7404](#)

Dr. Silkworth's Solution: FELLOWSHIP! William Schaberg, author of *Writing the Big Book: The Creation of AA*, recaptures Dr. Silkworth's original diagnosis and solution for alcoholism as shown in his professional papers and "The Doctor's Opinion" where the primary emphasis is on "moral psychology" (moving beyond preoccupation with self to thinking about helping others... i.e. Fellowship) as the only real solution to the alcoholic's compulsive behavior.

**Concurrent with "Embracing Neurodivergence" meeting.*

FR **Déballage de "l'opinion du docteur"***

Salle de Traduction Anglais-Français

[ID de Réunion: 899 7935 7404](#)

William Schaberg, auteur de "Writing the Big Book: The Creation of AA," reprend le diagnostic original du Dr. Silkworth et sa solution à l'alcoolisme, comme le montrent ses articles professionnels et «The Doctor's Opinion», où l'accent est mis sur la «psychologie morale» (aller au-delà de la préoccupation avec soi-même à penser à aider les autres ... c'est-à-dire la camaraderie) comme la seule véritable solution au comportement compulsif de l'alcoolique. Les diapositives de présentation sont en anglais uniquement, mais nous proposons une traduction simultanée et des questions et réponses en français ou en anglaise.

12:30 PM to
1:50 PM



Embracing Neurodivergence*

A peer support group of people in recovery from various addictions who are also neurodivergent. We provide a safe environment to explore and discuss our challenges and success with our unique characteristics of addictions and neurodivergence. Some neurodivergent conditions include Autism, ADHD, OCD, and learning disabilities.

**Concurrent with "Unpacking 'The Doctor's Opinion'" meeting.*

2:00 PM to
3:20 PM



General Members Meeting

At our biennial gathering, the GMM is an opportunity for the board to report to the members, cities to bid for future (in-person) ICSAA conference and to hold elections for board members (2–4-year term). It is also where the board gets their "marching orders" from the members they represent. Air grievances, make suggestions, ask questions, offer to help. This is where we hear and are heard.

3:30 PM to
4:50 PM



Any Faith or None - Kansas Al-Anon Group

Relatives and friends of alcoholics who share secular recovery to heal ourselves and our relationships.

5:00 PM to
6:20 PM



Women in Recovery Panel Discussion (Open)*

A diverse group of women share their wisdom and individual experiences in the secular way of recovery.

**Concurrent with "Satanic Recovery: What We Are and What We Are Not" meeting.*

5:00 PM to
6:20 PM



Satanic Recovery: What We Are and What We Are Not*

Hosted by Ben Dean, author of *Uncover Satan, Recover Thyself: A Rational Satanic Recovery*.

**Concurrent with "Women in Recovery Panel Discussion" meeting.*

6:30 PM to
7:50 PM



Hong Kong International Asia/Pacific Open AA Meeting

Three (3) members from far away share their recovery journey and what life is like today.

8:00 PM to
9:00 PM

Closing of the Conference

Bringing the conference to a close with an open meeting led by Joe C., Mary C., and the newly elected board members determined in the General Members' Meeting.

**To contact the
International Conference of Secular Alcoholics Anonymous (ICSAA),
visit www.aasecular.org or write us at secularaa@gmail.com.**