

"Suggested" (Meeting Script



UPDATED: October 7, 2022

(In the beginning...)

Welcome to Our Mostly Agnostic Group Of Drunks! My name is and I'll be your alcoholic host this evening.

This is an **OPEN** meeting of Alcoholics Anonymous. *Anyone* may attend an **OPEN** meeting, including those who have problems other than alcohol. Because of this, the group asks that we focus on the solution rather than the problem.

Please turn off your cell phones or put them in pleasure mode. Flight attendants, please prepare your hair for departure. Let's start with a moment of silence to focus on why we're here.

(Observe about 10 seconds of silence)

Thank you. Would someone please read the Alcoholics Anonymous Preamble?

(Preamble is read)

At this time, we'll go around the room and introduce ourselves. Please let us know if this is your *very first* AA meeting, or if this is your first time at *this* meeting. If you wish to remain anonymous you may simply say "pass" or make up an interesting name.

(Start with YOU and then go around the room)

(If someone says they're here for the first time, offer them a welcome packet)

We have welcome packets on the table that are for anyone new to our group or new to AA. Please take one if you know someone that would benefit from it. There's a lot of great information inside.

Our 7th tradition says that we be fully self-supporting, declining outside contributions. The money we collect goes toward our rent

and website fees and pays for the delicious French appetizers we forgot to bring tonight. We pass around this stylish purse so you can drop some cash into it. For you tech bros, cyber girls, and binary non-binaries there are Venmo and PayPal cards inside the purse and on your tables. We apologize for not accepting bitcoin, dogecoin, or any of your other trendy crypto currencies. If you need help, just ask. You can donate as much as you'd like or nothing at all. Just keep in mind how much a drink would cost you. We ask that *only AA members* contribute.

Now for our group announcements:

- If you'd like to get involved with our group, please consider joining us at our business meeting on the *last* Saturday of each month, right here at 5:30 PM. Everyone is encouraged to attend. We need lots of help!
- Our group has its own website OMAGOD.org. We answer frequently asked questions about our group and secular AA in general, provide links to valuable resources, and post upcoming AA related events and service opportunities, so check it out. The password for the members section is pickles.
- We have 5 meetings each week. We meet here on Tuesdays and Saturdays and on Zoom every Monday, Wednesdays, and Friday at 7 PM. The meeting ID and password for our Zoom meetings are listed on our website and there are flyers on the table.
- We would like to point out that while we are a secular meeting, there are many other AA meetings in the area. If you'd like to attend a traditional meeting with someone from our group, please ask me after the meeting tonight.

Are there any other AA related announcements?

(Check the Announcements folder for more)

There are also announcements on our website. If you'd like to add an announcement, please see me after the meeting (forward that information to our webmaster or GSR).

Let's get our meeting started. Here at OMAGOD we go around the room until everyone has had the opportunity to share. Please keep your shares responsibly brief and avoid talking directly to other people because nobody likes that. It's my responsibility to interrupt the meeting if something horrible happens, like someone going on too long or if someone starts reading poetry.

Now, before we begin, does anyone feel like they want to drink tonight?

(If may take a few moments for someone to speak up, please be patient. If someone feels that their sobriety is in danger, then draw a topic from their share. If not, continue...)

Does anyone have a suggestion for a topic or a question for the group?

(If someone has a question for the group, explain that we will each share our experience with the question, one person at a time. If someone brings up a topic, please summarize that topic before opening the floor (to make sure the topic relates to alcoholism). If no one offers a topic, spin the wheel for one. Don't mention the restaurant. You'll spin again after the meeting)

(At 7:45) "At this time we're going to open up the floor for those that didn't get an opportunity to share. Can I get a show of hands?"

(At 7:52) Before we close the discussion, does anyone have a burning desire to share something with the group or feel you might drink tonight? Say it now, don't take it home with you.

(Allow a few moments to pass before moving on)

Thanks for a (Marvelous, Magnificent, Splendid, Spectacular, Impressive, Glorious, Superb, Notable, Majestic, Awe-Inspiring, Breathtaking, Sumptuous, Resplendent, Grand, Fantastic, Enjoyable, Fantabulous, Incredible, Tremendous, Phenomenal, **Pleasant. Excellent.** First-Rate. **Wonderous**. First-Class Amazeballs, Peachy, Badass, Rad, Bitchin', Top-Notch, Swell, Dandy, Phat, Dope, Radical, Sound, Cool, Clever, Out-of-this-World, Wicked, Mega Marvo, Mind-Blowing, Inciteful, Bodacious, Bonzer, Astounding, Groovy Breathtaking, Extraordinary, Shocking, Surprising, Unbelievable, Prodigious, Astonishing, Insightful, Honest, Touching, Staggering, Stupendous, Weart-Stirring, Heart-Stopping, Spine-Tingling, Overwhelming, Thrilling, Uplifting, Bizarre, Unprecedented, Special, Unique, Out of the Ordinary, Phenomenal, Monumental, Gnarly, Heavy, Boss, Flashy, Fantastical, Outlandish, Glorious, Sweet, Splendid, Kick-Ass) meeting everybody. It's time to give ourselves a pat on the back for doing something that we couldn't do by ourselves.

I have asked _____ to recognize our milestones along the road of recovery.

(Please remember to offer the WHITE CHIP twice)

(Take a look at the Intergrouper sign)

If anyone is celebrati	ng an anni	versary in	(month)	_ and
would like to be listed	with our gro	oup in the Inte	ergrouper mag	azine
please sign up by	(month)	9th.		

(The sign-up sheet is by the Intergroup sign on the table)

To show that the program works, would all those with a year or more of continuous sobriety, please wiggle your ears?

Thank You.

If you need a sponsor, don't be afraid to ask us, but we suggest that you get a *temporary* sponsor while you're looking for that *perfect* sponsor.

I'd like to ask everyone to please make sure your seat back and folding trays are in their full upright position. We are simply <u>DE-lighted</u> that you chose Our Mostly Agnostic Group Of Drunks as your sobriety destination this evening. If you'd like to make this your home group, please fill out a membership form on the table or visit our website at OMAGOD.org and click "Join Our Home Group".

As we close, please remember that anonymity is so important that it's half of our name. Remember, who you see here and what you hear here, when you leave here, let it stay here.

Can I get some volunteers to collect all three signs from outside? Thanks!

You may now turn your phones back on so you can all call your sponsors.

The best meeting is the meeting after the meeting, so feel free to hang out for a while.

(SATURDAYS ONLY)

You are all welcome to join us at (spin the wheel) _____tonight. Come see me if you need directions.

Let's circle up and close with a moment of silence followed by the **Alcoholics Anonymous Responsibility Statement**.

